



Shaping New Frontiers of Workplace Health

CONFERENCE AGENDA

- 09:30 AM** Registrations
- 10:00 AM** Journey of a New India- Shaping New Frontiers of Corporate Wellness
 - **Srabani Banerjee** - Head of Programs, Arogya World
- 10:30 AM** Exploring Innovative & Sustainable Health and Wellbeing models in the Changing Business Landscape
 - **CXO Roundtable**

NETWORKING BREAK

- 11:45 AM** Leading Workplace Practices on Employee Health & Wellbeing
- 12:00 PM** Proactive Management of Employee Heart Health: The Keystone of Corporate Sustainable Strategy
 - **Panel Discussion**

LUNCH BREAK

- 02:00 PM** Revitalize, Thrive & Ignite your Drive
 - **Stand Up Comedy**
- 02:20 PM** The Role of Leadership in Shaping Mental Health -First Work Cultures
 - **Roundtable Discussion**

- 03:15 PM** Application of Data Analytics and Research to Demonstrate Impact of Employee Health & Wellness
 - **Case Study Presentation**
- 03:30 PM** Enhancing the Resilience of Workforce to Health & Climate Change
 - **Clay Stranger** - MD, Rocky Mountain Institute
- 03:50 PM** Nourishing ESG: The Intersection of Health, Nutrition & Sustainability
 - **Panel Discussion**
- 04:40 PM** Future of Workplace Wellness - Organisation's Role in Fostering Innovative Wellness Culture
 - **Dr. Nalini Saligram**, Founder & CEO, Arogya World

NETWORKING BREAK

- 05:15 PM** Mindfulness Session by Art of Living
- 05:30 PM** Healthy Workplace Awards & Recognition Ceremony
- 06:30 PM** Hall of Fame Award
- 07:00 PM** Cocktails & Snacks